

School Newsletter

17/06/21



Huge congratulations to Class Jacob who have all achieved their green Blue Peter Badge through their environmental pledges and actions.



Well done too to Robyn in Y6. She went out with her friend and collected a bag full of litter from The Quinta Park. The girls had been so disgusted with the state of the park that they decided to do something about it.

COVID-19 Guidance:

There has been an escalation of COVID cases in Cheshire East, with current case rates at 126/100,000 (up from 18/100,000 on 21st May). Cases in children however have been focused in the 12-18yr age group. There are cases of the Delta (Indian) variant across the borough. As a result of this there needs to be an increased vigilance in schools, particularly in areas around Macclesfield, Wilmslow and Nantwich. Advice from Public Health is that the most obvious 'Delta variant' symptoms in younger children and teenagers includes a **cough, headache and an upset stomach**. If you or your children directly experience any of these symptoms, I strongly recommend that you get a PCR test. Please do not send your child to school with any of these symptoms.



Please continue to wear a face mask on the playground.

Celebrations:

Week beginning:	Walk in love	Secrets of success – push yourself	Attendance
7.6.21			
Noah	Molly	Isaac	95.6
Mary	Ruby	Xander	89.1
Jacob	Sophie	Danielle	96.8



Diary Dates:

Friday 18 th June	8:45 am Class Noah parents invited to celebrate their child's work.
Friday 18 th June	May Day photographs for all Y6 and new Queen, King and attendants. Please make sure that the appropriate clothes are in school!
Monday 21 st June	NSPCC presentation to Y1/2
Tuesday 22 nd June	It's your move – presentation to Y6
Thursday 24 th June	NSPCC presentation to Y3 – Y6
Friday 25 th June	PFA School disco after school – further information emailed
Monday 28 th June	Y6 induction to high schools Other children to walk around new class and meet peers outside. Times TBC
Monday 5 th July	Class Jacob River walk 9 – 12noon
Tuesday 6 th July	Class Jacob Sing fest – sorry – no audience
Friday 9 th July	Y6 Astbury Mere activities leavers' trip
Wednesday 14 th July	Reports emailed to parents after school.
Friday 16 th July	9:15am Leavers' service in church – further info to follow
Tuesday 20 th July	School closes for the summer

Family Wellbeing Service:

Please see the following message from Lauren Cockroft, our local Family and Community Well-being Worker:



I am Lauren Cockroft, a Family and Community Well-being Worker at Visyon, which is a Charity that has been supporting the emotional health of children, young people and their families since 1994. My role has been commissioned by the Congleton Primary Schools and I will be your local Family Wellbeing Worker.

Families can experience many challenges and my role enables me to work in partnership with families to provide **holistic** and **empowering** support. I can help you overcome whatever challenges you or your children may be facing, to enable you to achieve all that you want to achieve as a family. We can cover anything from the usual growing pains that all families can face, through to specific support around challenging behaviour and exploring additional educational needs.

Any work with myself would be confidential and totally bespoke to your family's needs. This could be a one-off chat, or a series of 1-1 or whole family sessions. My aim is to support you to feel **confident**, **capable**, and **prepared** for moving forwards.

You may also see me around school as I begin to deliver some workshops – the timetable for which will be sent out very soon. These are open to all and may take place at school, at our Visyon base in Congleton or via video call. These will cover a wide range of topics around challenges a family may face and will provide information, guidance and coping strategies to help improve family

How do I refer?

Referrals can be made by contacting your school directly or via our Open Access sessions as detailed below:

Want more information, or a quick chat or have any questions?

Then please book an Open Access session with me, which is a space to talk, offload, get initial tips, guidance, coping strategies and to discuss further support.

Open Access sessions are bookable through the Visyon Initial Contact team on

01260 290 000

Tuesdays 10am-11am

Thursdays 5.30pm-6.30pm

Visyon Parent/Carer Webinars – June-July 2021

Our Parent Webinars are intended to offer information and ideas to help you in supporting your child with understanding and managing their emotions and wellbeing. These are open to parents/carers or other interested family members.



The webinars are delivered as a presentation on Zoom. As a participant you are not connected via video or audio but may interact or ask questions using the typed chat function. The webinars are delivered by Laura Kerr (Family and Schools Wellbeing Worker) and Paula Duncan (Young Person's Counsellor)

We have had really positive feedback from parents who have attended previous webinars who have said it's helped them understand their child's emotions and behaviour and offered practical strategies to try at home. Comments we received included:

"I thought it was a great insight to understanding how my daughters may be feeling. I actually found lots of it relevant to myself too".

"I really appreciate you doing these webinars. I have booked onto more as I found it excellent and really informative."

"This has been very reassuring to me as I feel like I am approaching things the right way. Thank you"

The forthcoming webinars are:

Wednesday 30th June 2021 9.30-10.30am –Supporting Your Child's Wellbeing
https://us02web.zoom.us/webinar/register/WN_zt5UPV7nQkOttOaLLu86qg

Wednesday 7th July 2021 9.30-10.30am – Supporting your Child to get better sleep
https://us02web.zoom.us/webinar/register/WN_DxsfDsVETiaAXkP4QPNpNA

Wednesday 14th July 2021 9.30-10.30am - Understanding and Managing Anxiety
https://us02web.zoom.us/webinar/register/WN_zJj5p_qtSxyag5vg8JChcQ

Please click on the relevant link to register in advance for the webinar(s) you wish to attend. After registering, you will receive a confirmation email containing information about joining the webinar.

The webinars have a maximum capacity of 100 people so please let us know if you can no longer attend so we can re-allocate the places. We will have a recording available to send out after the event and will send this to all registrants. If you wish to only receive the recording please indicate this on the registration so we don't count you towards the numbers.

If you are interested in finding out about other ways in which Visyon might be able to support you and your family, please visit www.visyon.org.uk.

Attendance:

Please see the link to our attendance policy on our school website.

<https://www.astburyschool.org.uk/page/school-policies-other-policies/81934>

Please remember that holidays during term time are not considered to be exceptional circumstances to take your child out of school.

Merekats Summer Holiday Club:

The Merekats summer holiday club is packed full of fun, planned and well-organised activities every week. You can find the Summer Holiday Club activity programme and booking form alongside this newsletter email. If you would like to make a booking please return the booking form by Wednesday 7th July to Merekats. Places are offered on a first come first serve basis.

