

Happy New Year - My Happy Mind:

This year why not give your family the gift of time...
...time to spend together enjoying a fabulous experience. These experiences don't have to cost money they can be enjoying an autumn walk in your favourite park crunching the fallen leaves, discussing the beautiful colours and enjoying being outdoors. Savouring experiences and enjoying the moment are important things to do when you are out and about. The more that you savour the moment by talking about what is special and enjoyable about the activity, the more happy hormones are released in your brain the next time you think about the memory. It also teaches us to be grateful for experiences rather than material items, which also adds to a happier life.



See the instructions sent out with this newsletter on how to make your family memory box.

Celebrations:

Week beginning: 06.12.21	Walk in love	My happy mind		Attendance
Jonah	Eva	Hattie		92.7
Noah	Seth	Lily Lou		94.3
Mary	Archie	Alisha		85.8
Jacob	Zach	Taylor		93.7
Team points	St Andrew	St Patrick	St George	St David
	111	114	112	113

Week beginning: 03.01.22	Walk in love	My happy mind		Attendance
Jonah	Elsie H	Charlie		100
Noah	Joseph	Ted		100
Mary	Hal	Riley		94.7
Jacob	William	Kate		87.2
Team points	St Andrew	St Patrick	St George	St David
	82	103	54	103

Team Point winners – Autumn 2021

Saint David's team enjoyed their end of Autumn term team treat. They chose a disco with snacks! Congratulations to everyone in St David's team!



Bacon Sandwiches:

Please continue to pre-book bacon sandwiches. If a bacon sandwich has not been pre-ordered, we are unable to give one to your child.

Bags to school



Dear Parents

We are pleased to announce that Katie, Rufus, Erin and Sophie (Astbury May Queen, King of Newbold Astbury and attendants) have organised a clothes & shoe collection with Bag2School in order to raise funds for Astbury School.

Bag2School is the UK's leading textile recycler and fundraiser working with schools and since its inception in 2001 it has now paid out over £36 million.

As well as raising vitally needed funds for Astbury School, it also helps the environment by helping to divert unwanted textiles away from landfill.

A recent DEFRA report has shown that textile collection schemes are helping to reduce the volume of textiles discarded as municipal solid waste. However it is a fact that as a nation we still send 350,000 tonnes of textiles to landfill every year.

By getting involved in our **Bag2School** collection, you have an opportunity to sort through your cupboards and wardrobes and donate unwanted textiles in the bag provided – this can include adults' and children's clothes, shoes (tied together please), hats, belts, handbags, (please refer to <http://uk.bag2school.com/> for full details). In addition to raising much needed funds it will also raise awareness amongst the children of the benefits of recycling and reuse.

There are no donation bags but you can use any bag to donate your items and please remember to ask grandparents, friends and neighbours to have a sort out as well!

Bag2School will be collecting from Astbury School in the morning on **Thursday 3rd February**. Please bring your bag (or bags!) to the playground and help us have a really good collection.

Many thanks indeed for helping us with this unique fundraising opportunity.

Yours faithfully

Katie, Rufus, Erin and Sophie
The May Day team!



COVID update

With rapidly changing information from the public health team, our school risk assessment for COVID is regularly being updated.

We would ask that you wear a face covering if you are not able to distance from other adults on the school playground and on the path coming into school. Please do not send your child to school if they are unwell.

We have taken the decision to not compete in any Congleton sports' activities during January and will make a decision about later events nearer the time. In school, children continue to regularly wash their hands. The windows / door are open to increase ventilation and staff are wearing face coverings unless they are directly teaching.

Diary:

Wednesday 19 th Jan / and all Wednesdays	Family worship in church 2:45pm – if you are not joining us for worship, please collect your child from church at 3:20.
Wednesday 19 th Jan	May Day meeting 7:30 at The Egerton
Friday 21 st Jan	Amaven Challenge Day at school – all children in PE kits
Friday 28 th Jan	Y5 May Queen and King draw – non-school uniform day. Please bring £1 and ensure that clothing is appropriate for the weather and for playing outdoors in!
Friday 18 th Feb	School closes for half term
Monday 28 th Feb	School opens for the second half of the spring term

Girls' Cricket:

Congleton & Mossley Cricket Club are trying to increase the number of girls involved in cricket, so every Thursday that are hosting a soft ball cricket club at Eaton Bank for girls in year 5 to year 8. No equipment is needed. The club is free of charge.

Please see the poster below for more information:



CEIAS Calendar of events and parent / carer coffee morning:

Cheshire East Information Advice and Support Service are holding an online parent and carers coffee session on Tuesday 18th January between 1pm and 2pm. This is an online event via Microsoft Teams. To book a place please contact: ceias@cheshireeast.gov.uk alternatively, you can call them on 0300 123 5166.

Attached to the newsletter is also a calendar of events that the CEIAS team are hosting.