

Astbury St Mary's Menu 2015 summer

Monday

Tuesday

Wednesday

Thursday

Friday

1st June
15th June
29th June
13th July

Pasta Carbonara
Or
Vegetarian Sausage Roll
With Jacket Wedges or
Tomato Pasta

Pear Marble Traybake
Seasonal Fruit Platter

Southern Style Chicken
Fillet with Savoury Rice
Or
Ploughmans Toastie

Fruit Salad
Organic Yogurt

Roast Turkey, Sage &
Onion Stuffing & Gravy
With Creamed Potatoes
Or
Jacket Potato with a
Choice of Fillings

Apple Muffin
Seasonal Fruit Platter

Pasta Bolognese
With Garlic Bread
Or
Quorn Meatball Sub

Choc Flapjack & Fruit
Organic Yogurt
Seasonal Fruit Platter

Butchers Sausage/Quorn
Sausage, in a Finger Roll
½ Chips
Or
Crunchy Baked Fish
With Chips

Baked Beans/Peas/Tomatoes
Cookie with Fruit, Organic

WEEK 2

18th May
8th June
22nd June
6th July
20th July

Quorn & Vegetable Stir
Fry with Noodles
Or
Pizza with
Jacket Wedges

Apple & Sultana Flapjack
Organic Yogurt
Fruit Platter

BBQ Pork Sub
Or
Salmon & Sweet Potato
Fishcake with
Saute Potatoes

Chocolate Brownie
with Fruit Chunk
Fruit Platter

Roast Gammon &
Pineapple with Roast
Potatoes
Or
Vegetable Lasagne

Carrot & Pineapple Cake
Organic Yogurt
Fresh Fruit Platter

Chicken Korma with
Rice & Cous Cous
Or
Jacket Potato with a
Choice of Fillings

Cookie Selection with
Fruit Chunk
Fresh Fruit Platter

Lamb Grillstick with
Salad in a Pitta Bread
Or
Crunchy Baked Fish
with Saute Potatoes

Fruit Ice Cream
Organic Yogurt
Fresh Fruit Platter

**Available daily – Seasonal Vegetables & Salad Bar, Fresh Fruit Platter,
Wholemeal Bread, Milk & Water**

Fresh meat is supplied by local butchers Quality Cuts of Sandbach, Littlers of Northwich and Barrows of Bollington.
All butchers meat is farm assured pork, turkey & chicken is red tractor certified.

We use MSC fish and free range eggs.

75% of dishes are homemade – These dishes are freshly prepared and cooked on site by the catering team.
Potatoes, vegetables & fruit are sourced locally when in season. Bread, milk & cheese are sourced from within the
North West. We use organic Mornflake oats & organic yogurts.



BRONZE

